

# Mining digital life for precision predictions and early detection

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# Previous work: Can we detect drug interactions in internet search logs?

- Yes
- For two drugs we associated with hyperglycemia, we looked at BING search logs for mention of 50 hyperglycemia-related words.
- We compared
  - Baseline search for hyperglycemia words
  - Search with one drug + hyperglycemia
  - Search with second drug + hyperglycemia
  - Search for both drugs + hyperglycemia

White et al, J Am Med Inform Assoc. 2013 May-Jun; 20(3): 404-408.

# 50"hyperglycemia" words/phrases

appetite increase blurred vision blurry vision breathing difficulty

breathing trouble breathless breathlessness

coma confused confusion

decreased libido decreased sex drive decreased sexual desire

dehydrated dehydration

difficulty breathing

dizziness dizzv

drowsiness Drowsy dry mouth dry skin

erectile dysfunction

fatigue fatigued feet tingling frequent urinating frequent urination

heel tingling hunger

impotence impotent

hungry

increased appetite increased urination

itchy skin

labored breathing

light headed
lightheaded
light-headed
lightheadedness
loss in weight
loss of weight
low sex drive

polydypsia polyphagia polyuria poor healing

poor wound healing

short of breath shortness of breath

skin tingling sleepiness

sleepy

slow healing

slow wound healing

thirst thirstiness

thirsty tingling feet

tingling heel tingling skin

tired tiredness

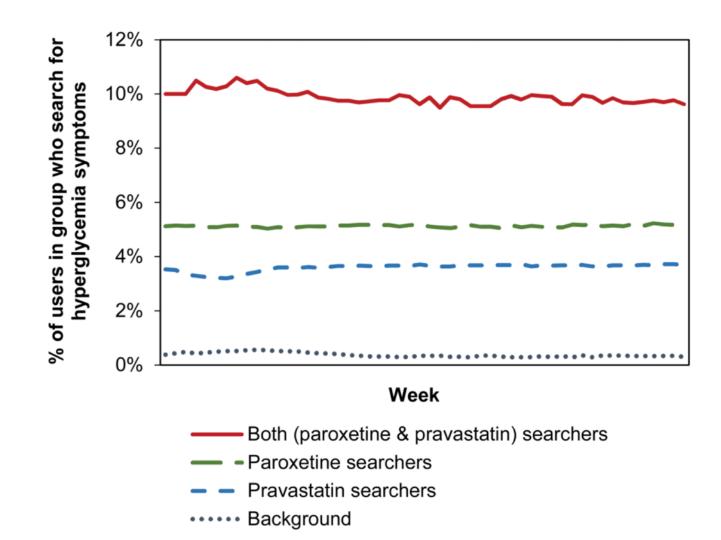
trouble breathing

unconscious

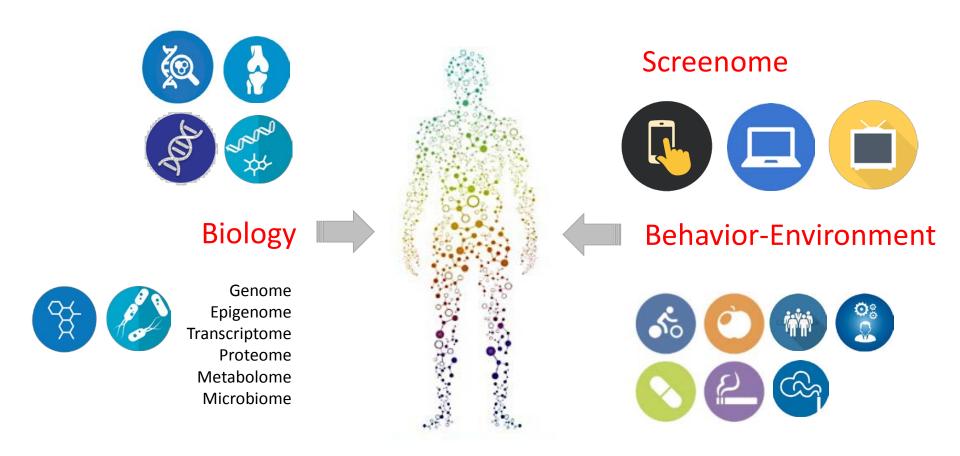
unconsciousness

urinating urination Xerostomia Web searches? Patient search for pravastatin & paroxetine and DM-related words more frequently.

White et al, J Am Med Inform Assoc. 2013 May 1;20(3):404-8



# A large set of health markers





LOCAL / CALIFORNIA

Column People keep leaping to their deaths from iconic Pasadena bridge. How do we stop them?



Home / Diseases Conditions

#### 8 reasons for unexplained bruises on your body

By Mita Majumdar I Updated: Wed, November 25, 2015 10:59am

Do you bruise in places that you don t even remember bumping or hurting, and the bruise doesn t go away for months together? Read more about what could cause it.

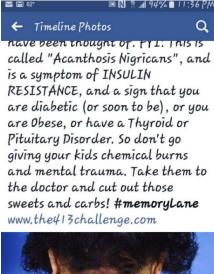




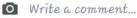












Diabetes

Suicide Cancer Memory

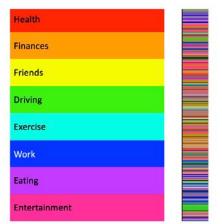
## Hypothesis

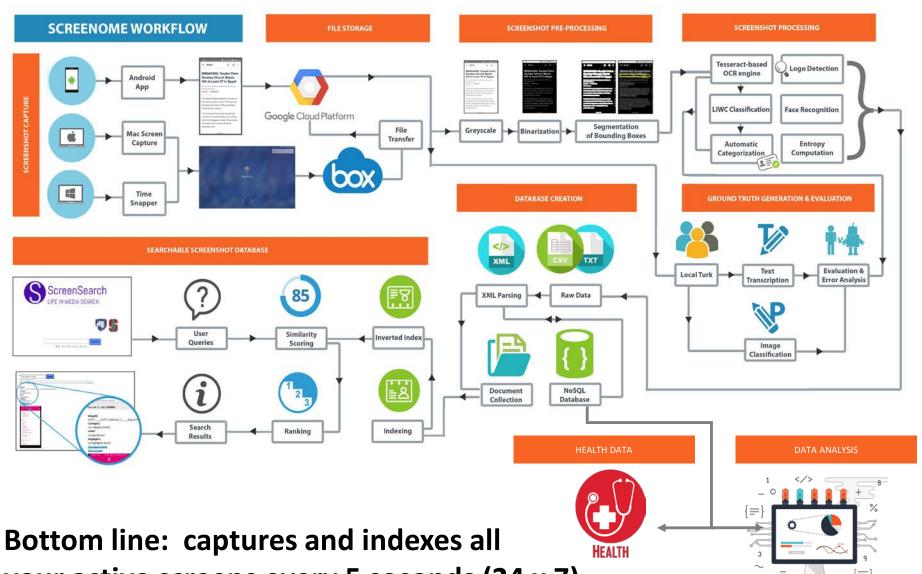
 Individual use of digital devices provides unique information about signs and symptoms for early prediction, prevention and detection of risk factors and disease

### Why screens?

- Captures broad spectrum of life
  - Fulfillment of the digital promise
- Increasing generational relevance
  - The new iGen
- Captures change at the new speed of life
  - Quick changes between radically different content
- Captures specific attention
  - What people are actually looking at
- Threads rather than buckets of experience
  - Examine sequence, context, and interdependence
- Passive data collection
  - No other devices, sensors, chargers, things to carry or wear







your active screens every 5 seconds (24 x 7).

## Security, trust, privacy, recruiting

### Genome vs. screenome

Changing attitudes about personal data

### Risk reward ratio

Big ask but big reward

### Human subjects

IRB approvals and discussions

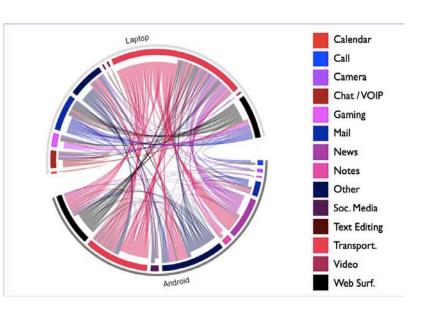
### Data security

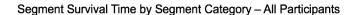
 Encryption, secure servers, de-identification, strict access limits, offline storage

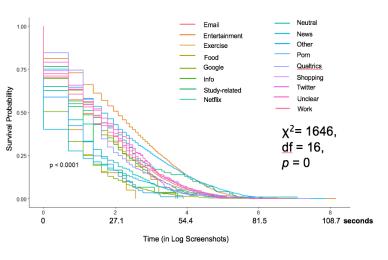
### Recruiting

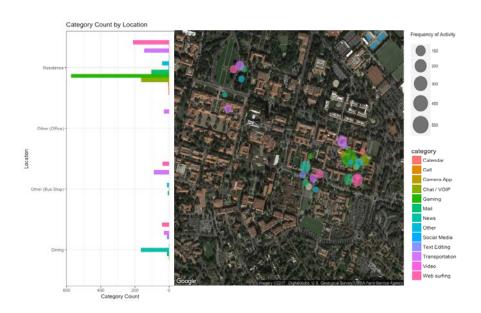
- Paid volunteers aged 18-45
- Digitally active
- ~60% acceptance to date

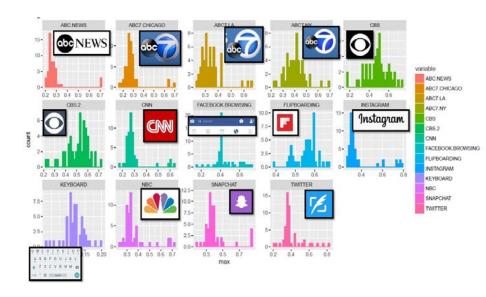












### Informatics challenges adapting Screenome to health

### Create health-specific infrastructure

- Ensure participant privacy/security
- Identify health terminologies and ontologies (bioontology.org)
- Map non-expert terminologies to controlled vocabularies
- Map screen behaviors to health concepts (e.g. typing speed ~ motor skill)

### • Exploratory analysis of screenome data

- Cluster within-individual data, across-individual data
- Characterize modal behaviors, persistence of features over time
- Associate clusters with health concepts/behaviors/diseases

### Focused hypothesis-driven analyses

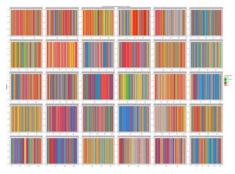
- Identify & validate screenome-derived risk factors for disease
- Identify & validate screenome for disease severity and treatment

### **Potential Promise of Screenome**

- Integrate with other diagnostics
- Improve predictability of diagnosis
- Not dependent on any one commercial product
- Include previously unobserved features of life



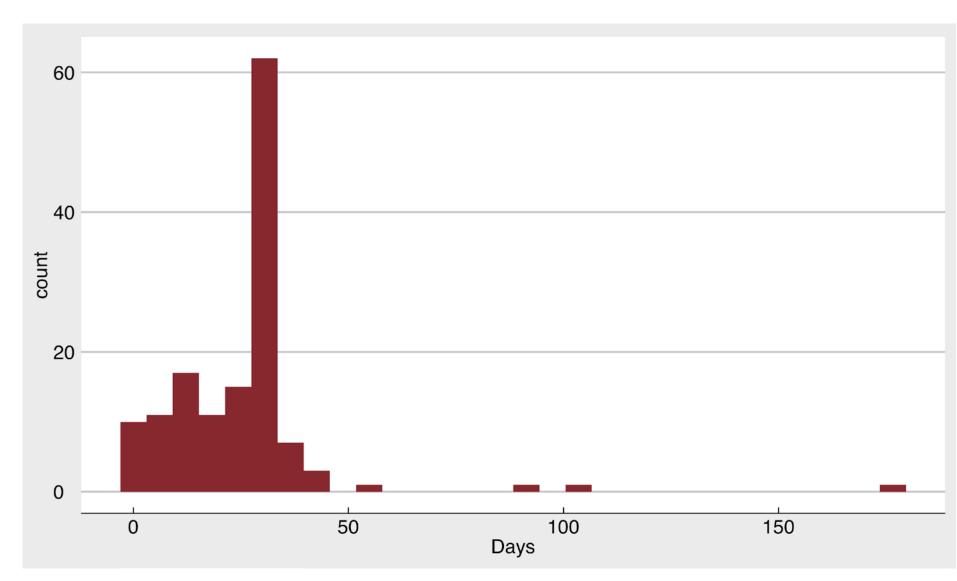




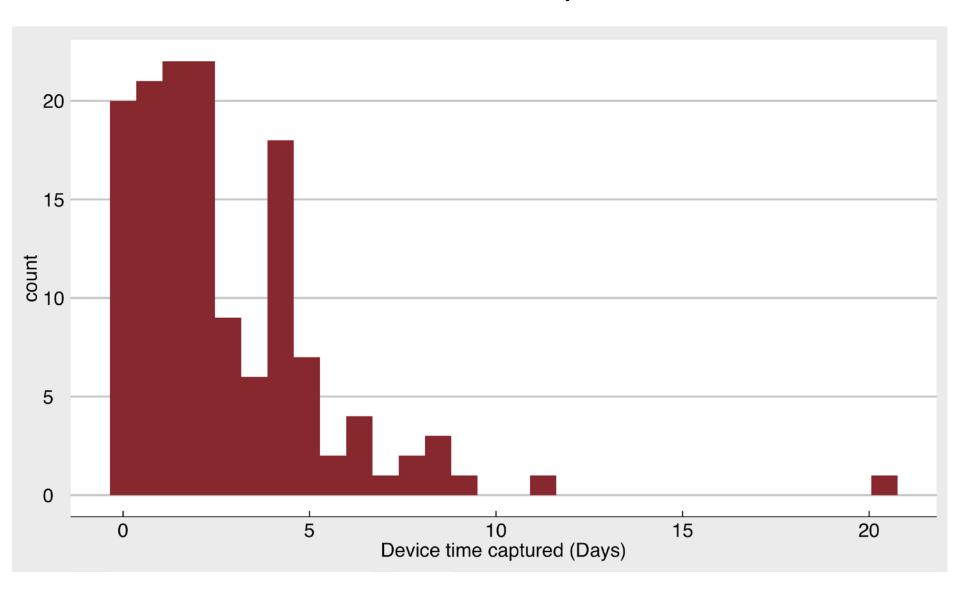
# Initial Exploratory Health/Drug Analysis (Adam Lavertu)

- 140 individuals
- LA, Chicago, NY, Stanford
- Screen capture every 5 seconds when device is active
- 6,541,755 screen captures so far

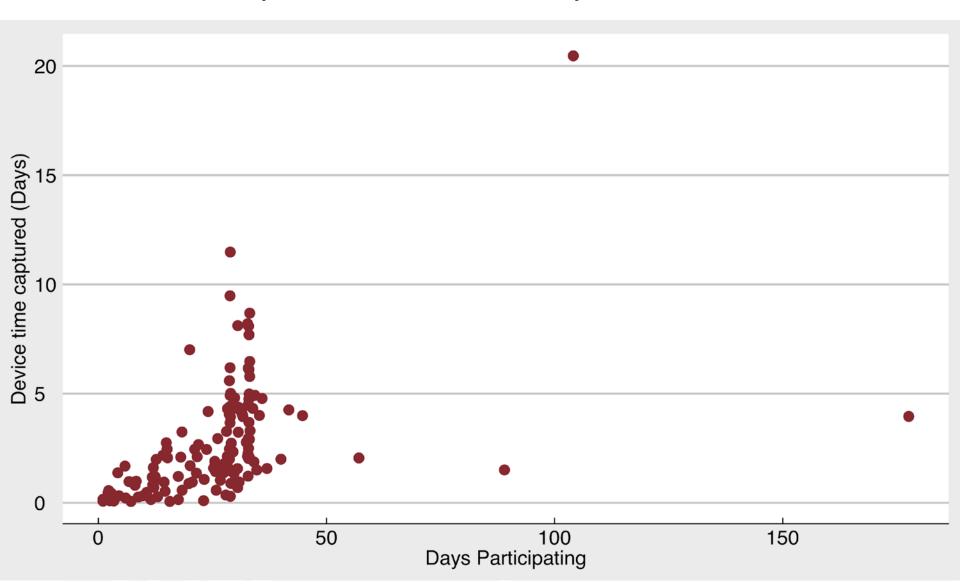
## # of Days Participating



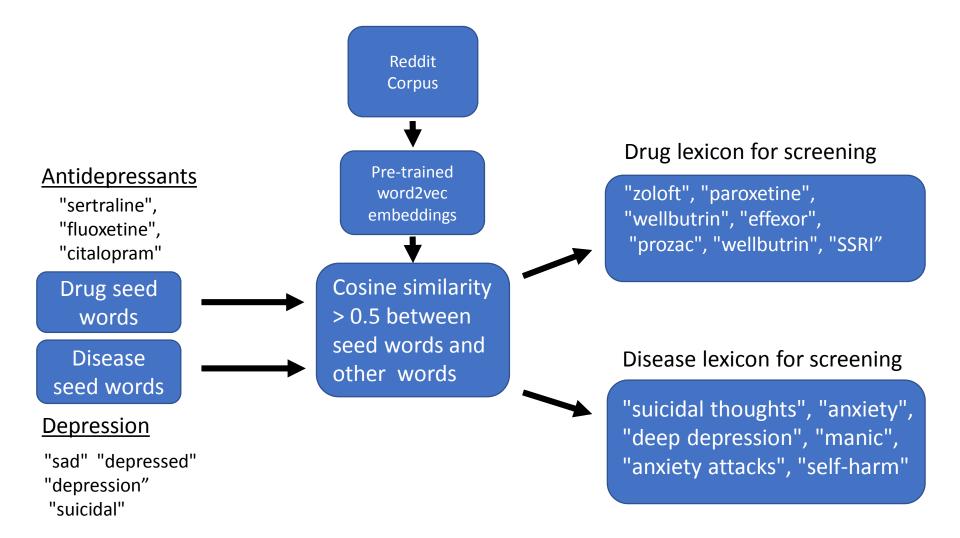
# Total Device time captured



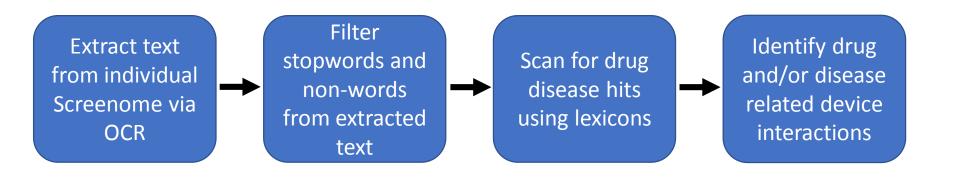
# Time captured vs. Days of Partic.



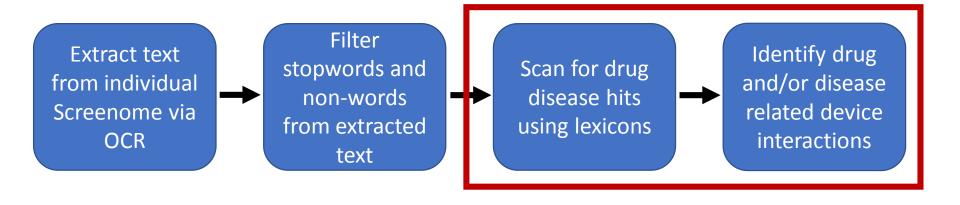
### **Building Lexicon to Detect Health Synonyms on Screens**

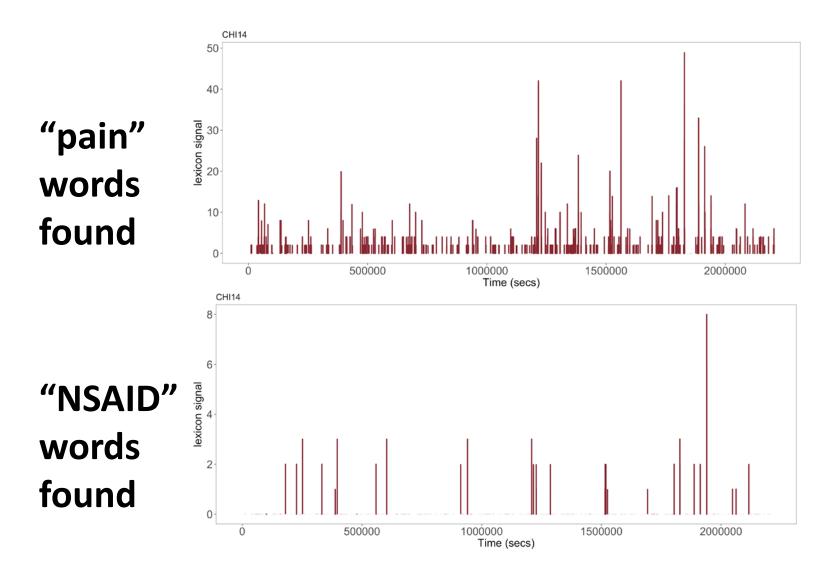


# **Overall Exploratory Workflow**

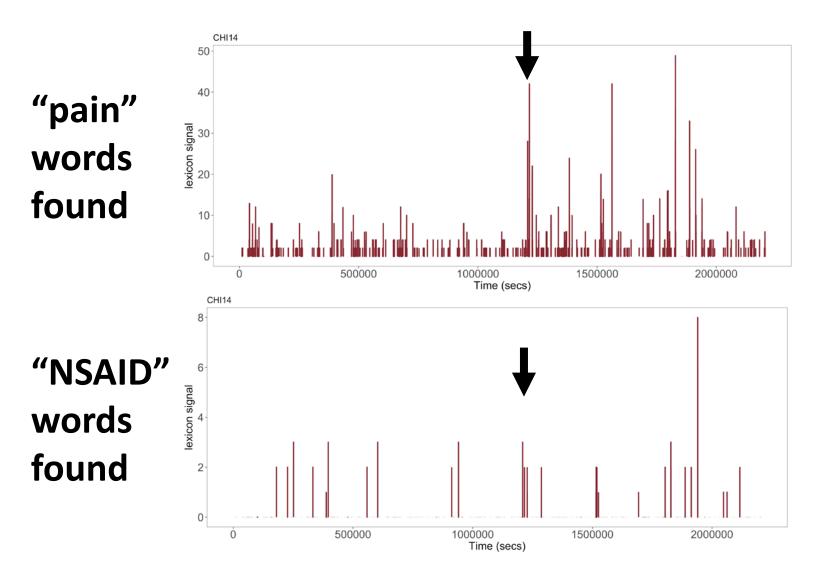


# **Overall Exploratory Workflow**

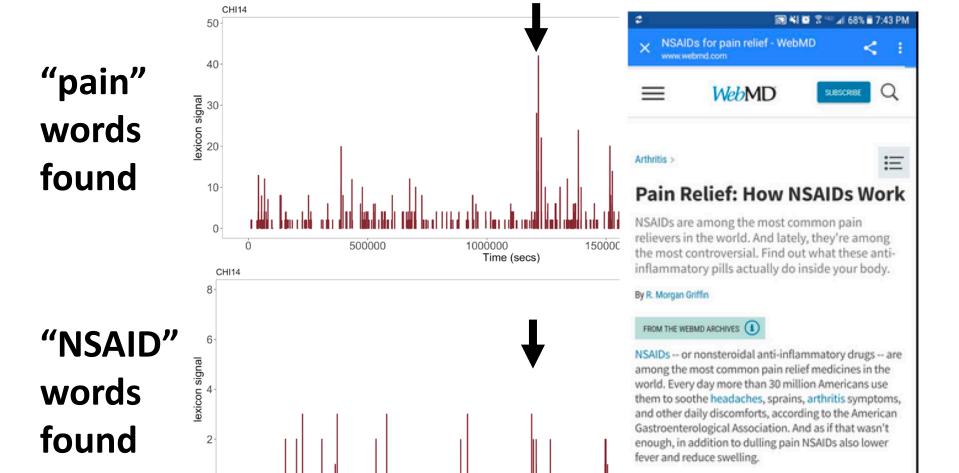




~25 days (in seconds)



~25 days (in seconds)



~25 days (in seconds)

Time (secs)

1000000

1500000

0.

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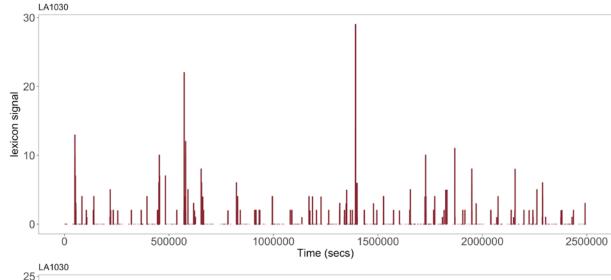
500000

But how do those little pills do so much? And if they're so

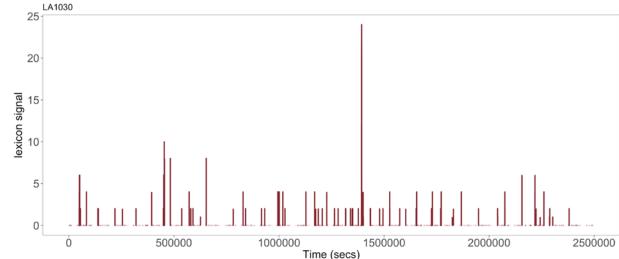
good in some ways, why do they also raise the risk of

heart problems in some people? The answer is

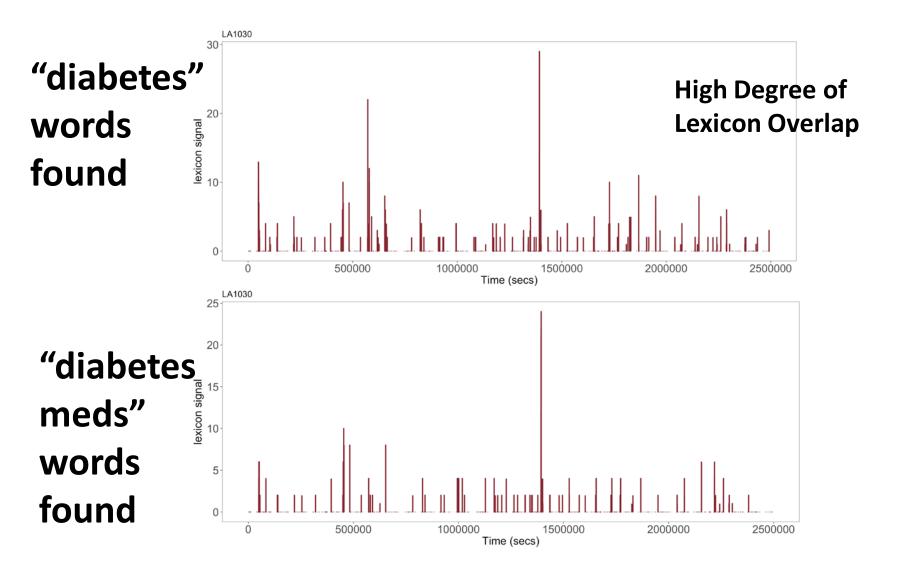
"diabetes" words found



"diabetes meds" words found



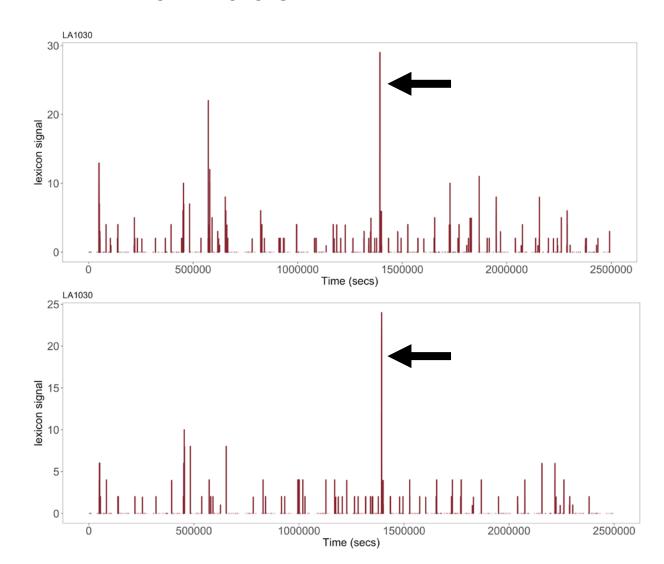
~25 days (in seconds)



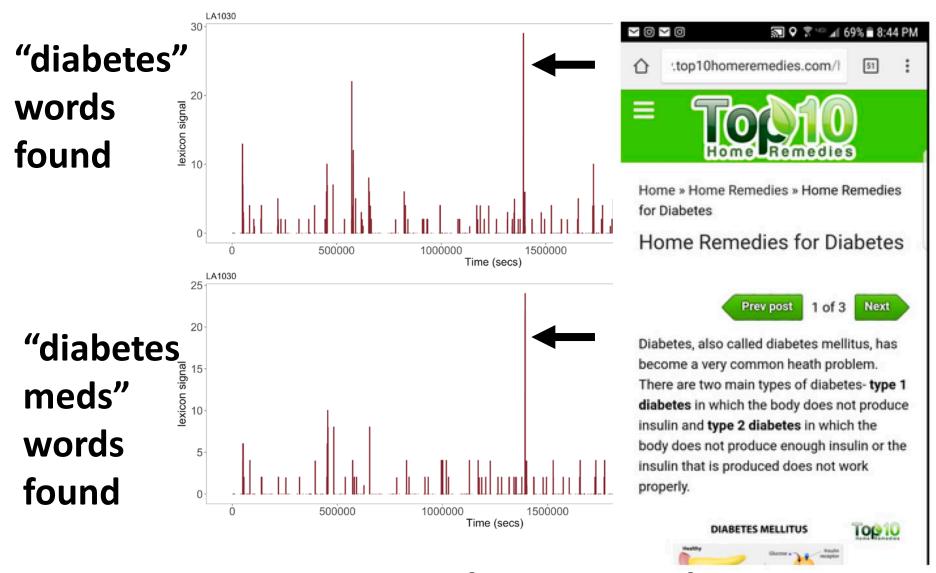
~25 days (in seconds)

"diabetes" words found

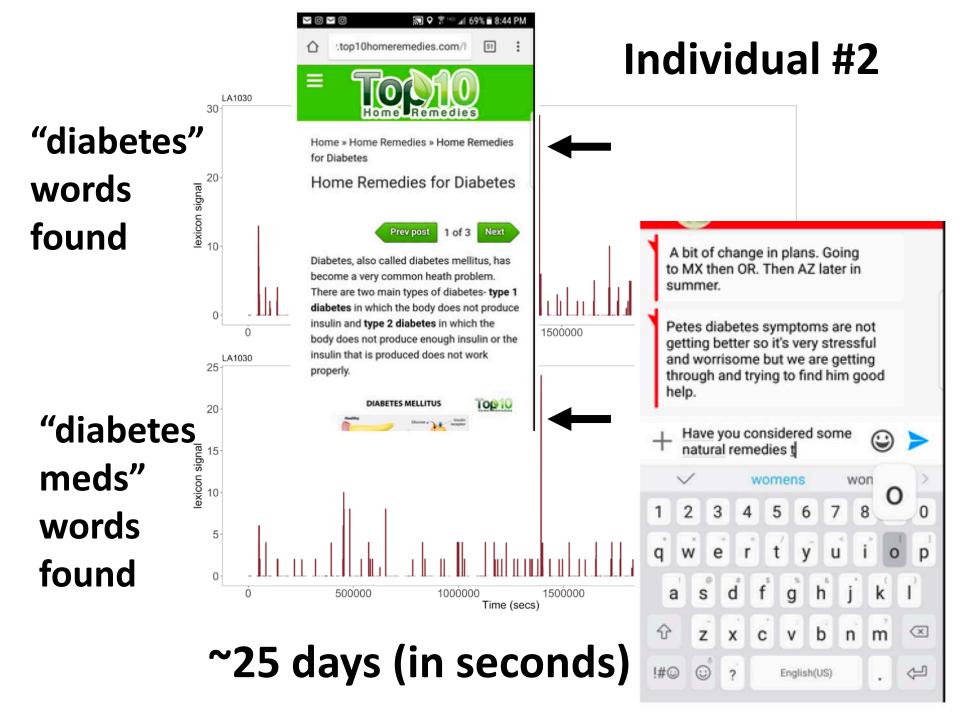
"diabetes meds" words found



~25 days (in seconds)



~25 days (in seconds)

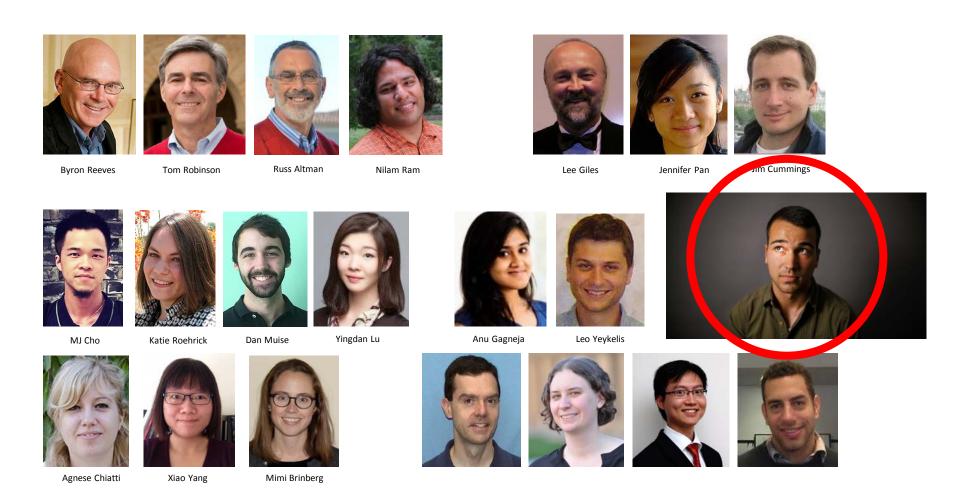


#### A bit of change in plans. Going **Individual #2** to MX then OR. Then AZ later in 1 top10homeremedies.com/| [st Petes diabetes symptoms are not getting better so it's very stressful and worrisome but we are getting through and trying to find him good Home » Home Remedies » Home Remedies Home Remedies for Diabetes Have you considered some natural remedies t 4 5 6 7 8 Diabetes, also called diabetes mellitus, has become a very common heath problem. There are two main types of diabetes- type 1 **Diabetes** diabetes in which the body does not produce insulin and type 2 diabetes in which the body does not produce enough insulin or the insulin that is produced does not work Lexicon TOPIU Petes diabetes symptoms are not getting better so it's very stressful and worrisome but we are getting Ó 500000 1000000 1500000 through and trying to find him good Time (secs) help. LA1030 Have you considered some 20 natural remedies to maybe **Diabetes** help the symptoms? Cinnamon, aloe Vera, turmeric are really good to **Drugs** control it. Y lt Lexicon 5 500000 1000000 1500000 Time (secs) G D В N X ~25 days (in seconds) English(US)

# Analytical Challenges

- Pop-Up Advertisements (sometimes relevant, sometimes false positives)
- Who is the patient vs. caregiver/relative
- Other languages
- Many many more...

## Thanks! russ.altman@stanford.edu



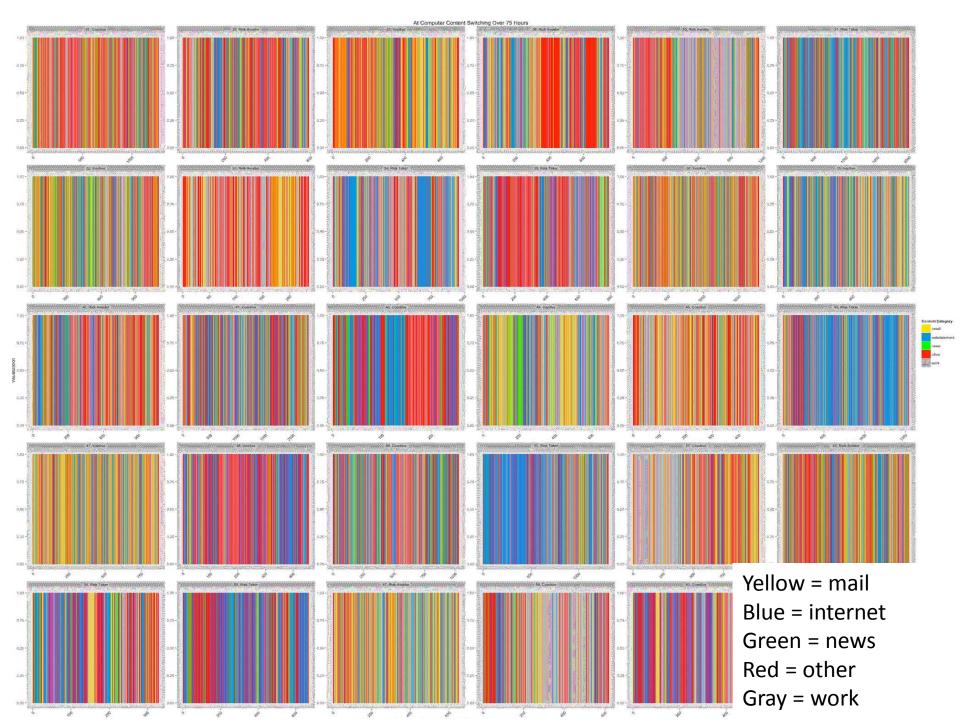
### Growing literature on social media and health...

- Focused on single media (Facebook, Twitter, patient forums, internet search)
- Not integrated across activities
- Difficult to understand context
  - Difficult to untangle statistical bias
  - Very low temporal resolution





Jeana Frost<sup>1</sup>, PhD; Sally Okun<sup>2</sup>, RN; Timothy Vaughan<sup>2</sup>, PhD; James Heywood<sup>2</sup>, BS; Paul Wicks<sup>2</sup>, PhD



## Cluster Analysis of 3-Day Screenomes N = 30

